# Late Reoperations in Fontan survivors

## Indications and Outcomes

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Figure 6 Kaplan Meier Survival Curve by type of Fontan operation Note: AP=Atriopulmonary Connection; LT=Lateral Tunnel; ECC=Extracardiac Conduit









Figure 1 Current age of Fontan Registry participants (N = 1333)

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#### Longitudinal Outcomes of Patients With Single Ventricle After the Fontan Procedure

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- 546 patients  $\rightarrow$  343 patients
- 21.2 +/- 4 years of age at last follow-up
- Mean of 9.4 +/- 0.4 years following the Fontan 1 study
- Mean of 17.8 +/- 3.4 years after Fontan procedures.





	Fontan 1 (N = 546)	Fontan 2 (N = 416)	Fontan 3 (N = 373)
Time since Fontan procedure, yrs	$\textbf{8.7}\pm\textbf{3.4}$	$15.2\pm3.4$	17.8 ± 3.4
Cardiac surgery	23	28	32
Catheter intervention	48	57	62
Electronic device	13	13	16
Stroke	2	2	4
Seizures	3	5	7
Thrombosis	8	9	12
Arrhythmia treatment	20	28	32
Protein-losing enteropathy	4	7	8
Cirrhosis	0.4	4	8
Plastic bronchitis	0.1	0.5	1



#### **Congenital Heart Disease**

#### Surgical and Catheter-Based Reinterventions Are Common in Long-Term Survivors of the Fontan Operation

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773 patients

Information available on 70% of patients

Freedom from reoperation was 69% at 15 years and 63% at 20 years

The most common operations were pacemaker placement and Fontan revision





Figure 2. Freedom from surgical reintervention. A, Kaplan-Meier freedom from first surgical reintervention. Shaded area represents 95% confidence intervals (CIs) of the survival function. B, Kaplan-Meier freedom from first pacemaker and first major cardiac surgery in patients with intact Fontan. Y axis in both panels begins at 50%.



#### The Australia and New Zealand Fontan Registry







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#### **ORIGINAL ARTICLE**

CONGENITAL

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#### Ten-year outcomes of Fontan conversion in Australia and New Zealand demonstrate the superiority of a strategy of early conversion<sup>†</sup>

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Figure 1: Kaplan-Meier survival curve of freedom of death and transplantation in the centre with a low threshold for Fontan conversion versus other centres.



### Fontan Conversion in Auckland:

- Interval since first documented arrhythmia 2.9 vs 4.0 years
- Average NYHA class 2 vs 3
- Mean no of preop antiarrhythmics 1 vs 2

#### ALSO

- 19 in one NZ centre vs 20 in 5 centres
- NZ has integrated paediatric/adult congenital service- CVICU, anaesthesia
- Good surveillance of adult congenital population
- 66% female in our series (vs 33% in Australian centres)

#### **Congenital heart disease**



ORIGINAL ARTICLE

#### Heart transplantation in Fontan patients across Australia and New Zealand

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# 34 transplantations out of 1369 patients (2.5 %) 16 patients over 18 yrs, oldest age 51. 3 prior procedures (1-5) 11.5 yrs post Fontan (.23-33) 91% 1yr, 78% 5yr, 71% 10yr survival

# REINTERVENTIONS

- Out of 1524 patients (1428 pts with available data of F-up)
- 444 patients had a reintervention
  - 38 patients had **early** reinterventions (10 cath procedures)
  - 413 patients had a late reintervention

Reinterventions, n	Patients
1	284
2	79
3	29
4	18
5	1
6	1
12	1



# Catheter late reinterventions

atheter-based reintervention, n	214
Fenestration closure	130
Catheter-based ablation of arrhythmia	47
Balloon dilation and stenting of PAs	27
Coiling of collaterals	29
Stenting of LAD	1
Device occlusion of left or right SVC	4
Device occlusion of ASD	2
Stenting of Fontan conduit	1
Balloon dilation of Damus-Kaye-Stansel	1

Late reoperation, n	199
Fontan circuit revision	16
Conversion to ECC Fontan	49
Fontan takedown	11
Transplantation	31
Fenestration creation/enlargement	8
Maze procedure/surgical cryoablation	36
AV valve repair	18
AV valve replacement	10
PA reconstruction	13
Pleurodesis	10
Diaphragm plication	3
SAS resection	15
VSD enlargement	6
Bulboventricular foramen enlargement	3
Aortic repair (root, ascending, arch)	13
Semilunar valve repair	2
Semilunar valve replacement	3
Damus-Kaye-Stansel procedure	10
Other procedures	
AV valve closure/re-closure	9
RA reduction	3
Thoracic duct ligation	2
SVC ligation	5
Conversion to lateral tunnel Fontan	1
Other	20



# 32 pts Historical procedures

- 10 Damus-Kaye-Stansel (med 3y; 3m-9y)
   ▶1 death
- 6 VSD enlargements (med 1y; 1m-29y)
  >1 death
- 15 subaortic stenosis (med 12y; 1-26y)

>One death



# Outcomes of patients born with single-ventricle physiology and aortic arch obstruction: The 26-year Melbourne experience

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FIGURE 1. Type of initial neonatal palliation performed by era. DKS, Damus-Kaye-Stansel; PAB, pulmonary artery banding.



FIGURE 3. Kaplan-Meier survival curve. DKS, Damus-Kaye-Stansel; PAB, pulmonary artery banding.

# **Optimization of Fontan**

- 16 *Revision of Fontan circuit* (med 3 y; 1m-16y)
   ▶ 7 deaths (med 16 y; 5-28 y)
- 8 Creation/Enlargement of fenestration.
  >1 death early post fenestr.
- 13 PA reconstruction (med 5y; 3m-16y)
   >2 deaths



#### AUGMENTATION OF THE PULMONARY ARTERIES IS NOT ASSOCIATED WITH WORSE LONGER-TERM OUTCOME:

A Propensity Matched Analysis From The Australia And New Zealand Fontan Registry (153 pts) Results – Deaths (Unmatched)

- No significant difference
- 10 (6.5%) deaths in the pulmonary artery augmentation group
- 95 (7.4%) deaths in the nonaugmentation group
- Hazard ratio for death 1.35, 95%CI 0.70–2.60, p = 0.366



HR 1.35, 95% CI 0.70–2.60, p=0.366 Red = pulmonary artery augmentation, Blue = nonaugmentation group

# 29 pts Valve interventions

- 18 AV valve repairs (med 4y; 2m- 24y)
- 6 deaths
- 10 AV valve replacements (med 1y; 1m-29y)
- 3 deaths
- 5 semi-lunar valve ops (2 repairs/3 replacements)
- One death



#### Survival of pts undergoing valvar reintervention





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#### Common atrioventricular valve failure during single ventricle palliation<sup>†</sup>

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CONGENITAL



#### Cumulative incidence of atrioventricular valve repair/replacement











#### Cumulative incidence of atrioventricular valve failure





## 13 aortic interventions

- 8 aortic root/ascending aorta replacement
- 5 distal aortic arch repair
- 1 thoracic aorta repair

>One death



#### Double inlet Left Ventricle: conduction pathway



**Fig. 8.14** In this cartoon, the dominant left ventricle with double inlet is seen as through a fishmouth incision in the apex of the ventricle. The conduction axis is marked in green (see also Fig. 8.4). The potential line for complete septation, placing the pulmonary trunk in communication with the systemic venous return, (blue dotted line) crosses the conduction axis. To avoid the conduction axis (green dotted line), it is necessary to deviate the site of septation so that both outflow tracts remain in communication with the pulmonary venous return through the left atrioventricular valve.

**Fig. 8.15** This cartoon, again drawn in surgical orientation, shows the view of the dominant left ventricle in the setting of double inlet left ventricle with discordant ventriculo-arterial connections, and the course of the conduction axis, in green, as it would be seen by the surgeon working through the right atrioventricular valve. The leaflets of the pulmonary valve are coloured yellow.

#### Survival comparison: Reintervention vs no Reintervention





#### Freedom from failure after developing PLE/PB (n=44)



# Hepatic Vein Diversion

- Hepatic Veins are connected straight to RA
- Patch repair or stent to close entry of hepatic veins.
- 1 case in this series, 2 done in total at our centre
- Drastic resolution in symptoms (NYHA >III → NYHA II or I)
- Saturations at 75%



Courtesy C. Brizard, Department of Cardiothoracic Surgery, Royal Children's Hospital Melbourne.

# Decompression of Thoracic Duct: New Approach for the Treatment of Failing Fontan

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#### Lymphopenia

## MR lymphangiogram Evaluation of the lymphatic circulation



Y. Dori

J Am Coll Cardiol 2017;69:2929–37 J Am Coll Cardiol 2017;69:2410–22



## Preparation for Fontan Reoperation:

- Study the original morphology: position of AV bundle, valve leaflets
- Read the old operation notes
- Check for Aquired vascular lesions, eg venous occlusions, false aneurysms, diaphragm eventration, patch calcification
- Check for occult liver or renal dysfunction- high flow perfusion
- Strategise , keep crossclamp time to a minimum
- Consider arrhythmia surgery for every case but preserve node function
- Consider pacing leads with/without unit insertion for every case
- Optimise pacing to promote ventricular synchrony









# "Are we reoperating our patients with a Fontan circulation a lot?"

# "Are we reoperating our patients with a Fontan circulation ....

..... enough ???"



